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Public Newsletter Sep-Dec 2021

Mobilise-D accelerates breakthrough innovations in digital health monitoring to assess patients' daily life mobility, focusing on different conditions that often affect mobility (COPD, PD, MS, hip fracture), with the goal to improve follow-up and personalized care of patients.

1255 participants enrolled by the end of the year 2021 🎉

Mobilise-D reached a major milestone as we enrolled participant number 1200 in the Clinical Validation Study early December. This means that in the space of just over half a year, we managed to enroll over 50% of the full sample size of 2400 participants, a major feat given the challenging circumstances.



The Mobilise-D Public Webinar Series starts in February 2022

In the first series of five webinars, our team will present and discuss cutting-edge thinking on mobility assessments, our technical validation approach, and examples of data and tools used. Click [HERE](#) for more information and free registration!



Join us for our Webinar Series

MOBILISE-D WEDNESDAY WEBINARS

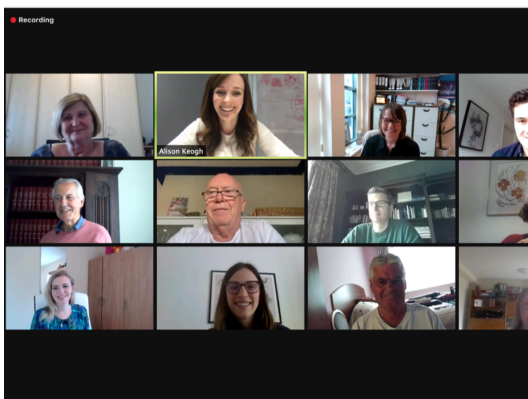
Public Webinar Series

From February 2nd to April 6th, on
Wednesdays at 16:30-18:00 CET



Mobilise-D Scoping Review: The clinical utility of digital mobility outcomes

Another milestone publication! The evidence in this paper illustrates that several mobility outcomes, such as gait speed, step length, or daily walking time, are relevant in multiple medical conditions despite major differences in symptoms and disease trajectories. Read more [HERE](#). Watch the [VIDEO](#).

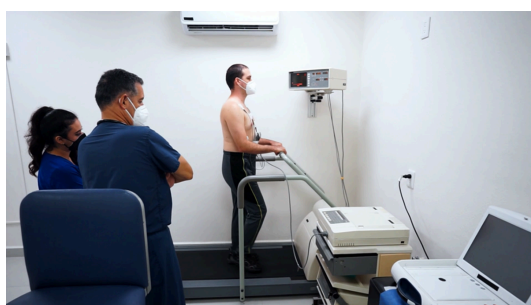
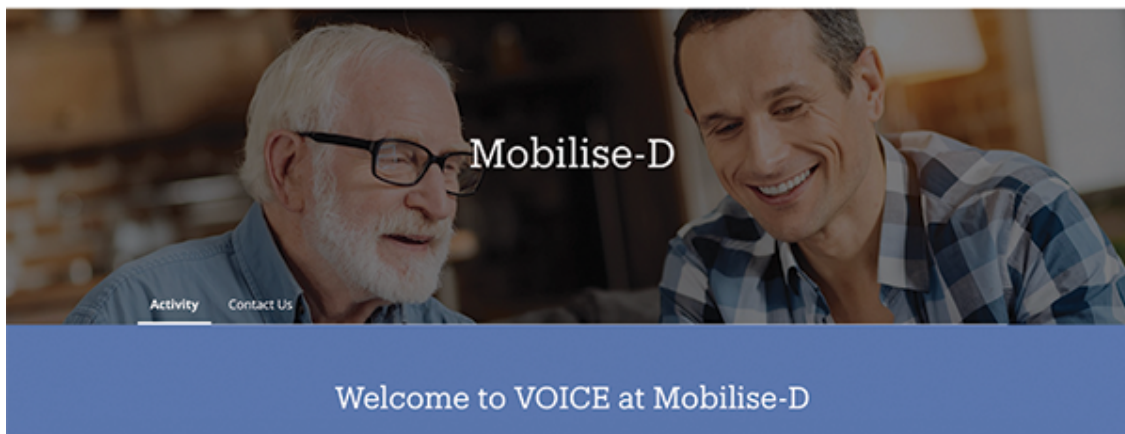


New Information Pack explains Mobilise-D to the general public

Our Patient and Public Advisory Group (PPAG) have worked with several of our researchers and developed an easy-to-understand document that explains Mobilise-D and its aims to the general public. Read more [HERE](#).

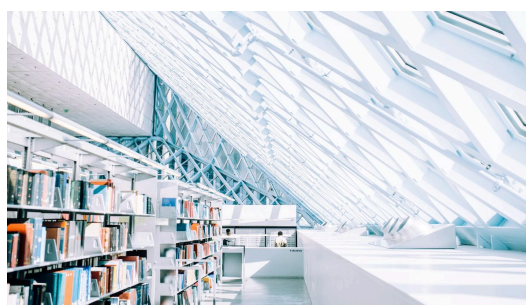
Mobilise-D links with Voice Global to promote patient engagement

We are very pleased to announce that Mobilise-D is now using the Voice Global platform as part of our Patient and Public Involvement and Engagement (PPIE) activities. Read more [HERE](#).



Mobilise-D Videos

See all our videos on our [YouTube channel](#).



Mobilise-D Publications

See all our publications [HERE](#).

💡 In the Spotlight Series 💡



Episode 5: Digitalisation in medicine from a doctor's point of view **[New Episode!]**

Read about our German Mobiliser Hanna Hildesheim, how she ended up in research, and what thoughts she has on digitalisation in medicine [HERE](#).



Episode 4: The Cyclone Challenge - Mobiliser raising money for PD UK

Our Mobiliser Alison Yarnall wanted to raise money for Parkinson's Disease UK. Read the episode [HERE](#) to find out how she did it, and why she selected PD UK in particular.



Episode 3: Making a difference in people's lives - Silvia Del Din awarded a NUAAct fellowship

Get to know our Mobiliser Silvia, her NUAAct fellowship, and her perspective on how remote monitoring can revolutionize

healthcare. Read the episode [HERE](#).

Real World Stories Series



Episode 4: Falling down is easy, getting up is difficult [New Episode!]

Tova, a member of our Patient and Public Advisory Group (PPAG), refuses to let her Parkinson's Disease diagnosis keep her on the floor. [Read her story](#) to find out her thoughts about the diagnosis and how she continues to embrace life!



Episode 3: When life gives you lemons, make lemon drizzle cake

Patrick has advanced Multiple Sclerosis (MS) which affects his daily life mobility to a great extent. Read our interview with him to find out how he copes with the disabilities caused by MS [HERE](#).



Episode 2: - It's great to exercise myself together with my groups

Being able to function in daily life is a major factor for good health and quality of life. So how can we inspire our seniors to be more physically active, staying fit and healthy? Read our interview with instructor Lise [HERE](#).

Full Advent Calendar 2021

In our Advent Calendar 2021, we posted daily Mobilise-D publications and tips to stay physically active from December 1 to December 24. You can see the full Advent Calendar [HERE](#).



Recent Tweet

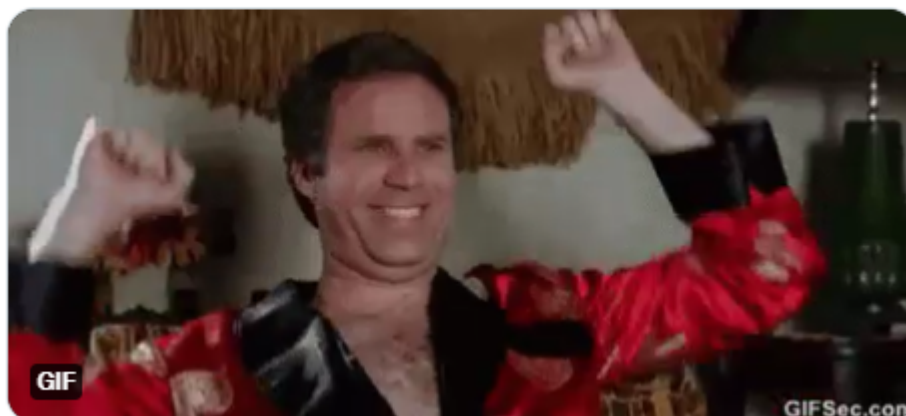


Mobilise-D @Mobilise_D · Jan 7



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#MobiliseD #CVS #digitalhealth #wearables @IHIEurope @EFPIA



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Mobilise-D has received funding from IMI 2 Joint Undertaking under grant agreement No. 820820. This Joint Undertaking receives support from the European Union's Horizon 2020 Research and Innovation Programme and the European Federation of Pharmaceutical Industries and Associations (EFPIA).

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