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Public Newsletter Winter 2023/2024

Mobilise-D accelerates breakthrough innovations in digital health monitoring to assess patients' daily life mobility, focusing on different conditions that often affect mobility (COPD, PD, MS, hip fracture), with the goal to improve follow-up and personalized care of patients.

Mobilise-D Summary 2023: Navigating challenges, celebrating achievements, and paving the way forward

We have approached the final six months of Mobilise-D. It is hard to believe all the challenges we had to face since our kick-off in April 2019, but we're still going strong!

Read our summary of 2023 [here](#).



All eyes on the upcoming Mobilise-D Conference, March 20, 2024

Five years after kicking off the world's largest project on real-world digital mobility outcomes, the Mobilise-D consortium is proud to present the Mobilise-D Conference, scheduled for March 20, 2024. Hosted at the prestigious Royal College of Physicians of Edinburgh during the day and transitioning to the National Gallery of Scotland for the networking evening, we will celebrate our groundbreaking results and achievements, share

valuable lessons learned, and collectively help shape the future direction of digital mobility assessment. Read more [here](#).



Discover our 24 Walking Quote Cards!

Throughout the Advent Calendar of 2023, we embarked on a daily journey of inspiration by unveiling 24 thought-provoking quotes centered around the theme of walking. Each quote aimed to inspire and motivate our audience. Here's a compilation of all those quote cards for your easy reference. These words are meant to keep resonating with you, offering inspiration and a sense of purpose as you move forward. Take a look at all the walking quote cards [here](#).



"The sum of the whole is this:
Walk and be happy; walk
and be healthy."

- Charles Dickens

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Navigating complexity: Unraveling the work in WP3: Database development and data management

In the realm of ambitious scientific endeavours, the Mobilise-D project stands as strong evidence of hard work to balance research aspirations and the often unpredictable nature of real-world challenges. In a recent interview with Brian Caulfield, the leader of Work Package 3 (WP3) within the Mobilise-D consortium, and Arne Kuederle, David Singleton and Hugo Hiden, a vivid picture emerged of the complexities faced by the team. As they reflect on the journey, it becomes clear that the work undertaken in WP3 was not merely a technical checklist but a dynamic and evolving process, akin to coaxing the project through its journey one step at a time. Read more [here](#).



Beyond mobility: Exploring and capturing the physical, emotional, and social experiences of walking

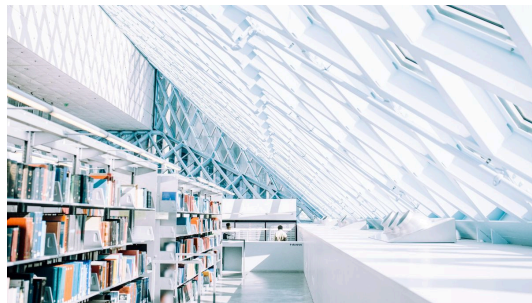
Walking, a seemingly simple and ordinary activity, is an integral part of our daily lives. But did you know that it holds the power to reveal profound insights into our health and emotional well-being? We're excited to share the results of an in-depth exploration into the various dimensions of walking, as presented in our engaging video and infographic. Let's dive into the extraordinary journey of walking, going far beyond the mere physical aspect of getting from A to B. Read more [here](#).





Mobilise-D Videos

See all our videos on our [YouTube channel](#).



Mobilise-D Publications

See all our publications [HERE](#).



[In the Spotlight Series](#)

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How do people cope with mobility challenges? Read real world stories [HERE](#).

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★ We are proud to present the Mobilise-D Conference where we will celebrate our groundbreaking results and achievements, share valuable lessons learned, and collectively help shape the future direction of digital mobility assessment

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Mobilise-D has received funding from IMI 2 Joint Undertaking under grant agreement No. 820820. This Joint Undertaking receives support from the European Union's Horizon 2020 Research and Innovation Programme and the European Federation of Pharmaceutical Industries and Associations (EFPIA).

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